ETH

Eidgenössische Technische Hochschule Zürich
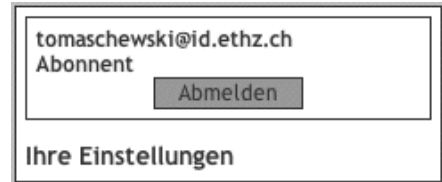Swiss Federal Institute of Technology Zurich

Mailinglists - Subscriptions

After the login, the email address you are using is displayed at the top left of the window. When you subscribe to a mailing list this email address will be entered and future posts will be sent there.
You can **unsubscribe** from **Sympa** at any time using the Abmelden (Logout) button.
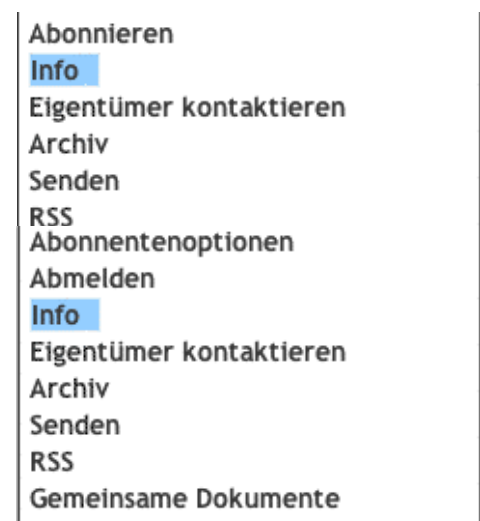

Directly below your login details you can find an **inventory of your lists**. These are the lists for which you either have a subscription or which you created.
An **Admin button** appears before the list name where you have admin rights. These are usually the lists that you created yourself.

Select a list from the home page or from your lists by clicking on it. You are now logged in on this list and can now **subscribe** to this list; see link Abonnieren (Subscribe) in the sub navigation on the left.

If you are subscribed to a list, you can always **unsubscribe**. Your subscription will then be deleted from this list.
Under **Abonnentenoptionen** (Subscriber Options) you can define how you wish to receive your posts:

- standard, i.e. email to your mailbox
- excluding your own contributions
- no email, i.e. you prefer to read posts in the Sympa archive (useful for vacations)
- bundled, i.e. weekly
- for more options see local assistance in Sympa

Update: Zurich, 01 December 2016